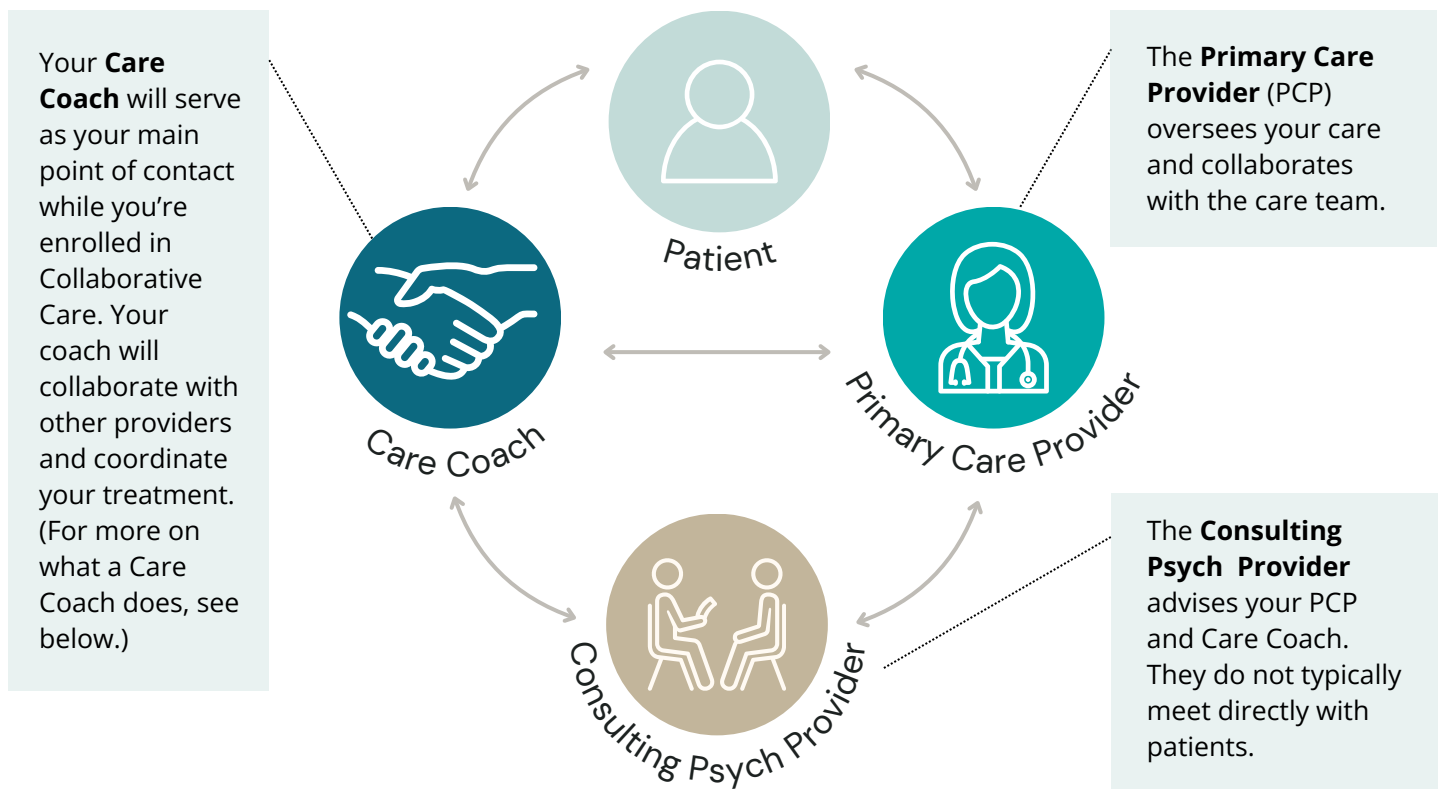


Collaborative Care Management

Collaborative Care Management (CoCM) is a team-based approach to healthcare that involves a group of healthcare providers working together to deliver comprehensive and coordinated care to patients like you.

Your team will include a Care Coach, Consulting Psych Provider, and Primary Care Provider (PCP).



What does a Care Coach do?

- Collaborates with patient, PCP, and consulting psych provider
- Monitors treatment progress
- Addresses patient questions
- Supports development of coping skills, self-care practices, and other lifestyle wellness tools
- Identifies medication side effects
- Coordinates resources or referrals, as needed

Benefits of CoCM:

At 12 months, about half of the patients receiving Collaborative Care reported that their depressive symptoms had been reduced by 50 percent or more, compared with only about a fifth of patients receiving usual care.

A note on costs:

Cost-sharing (such as copayments, deductibles) may be associated with CoCM-related billing codes. Billing codes for CoCM are: 99492, 99493, and 99494.